

Spiritual Warfare

Putting on the Armor

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Ephesian 6:10-18 Main Text

What is Spiritual Warfare? _____

How do we prepare for and defend ourselves against spiritual attacks _____

The early Christians in the region of Ephesus were asking the same question. The Apostle Paul told them clearly to “put on the full armor of God” as they wrestled against these powers (Ephes. 6:11). Like soldiers who wear appropriate military attire for combat, Christians should wear also the right armor for spiritual combat.

Whose Armor is it?

Think back to the story of David and Goliath (1 Sam.17:45-47). David told Goliath _____. Even though the battle is still real for us, we have victory because God is on our side.

Paul says it is who’s _____ armor? Ephes. 6:11

Let’s break apart the armor:

1. Belt of truth _____ John 14:6, 17:7
2. Breastplate of righteousness _____ 2 Cor. 5:21
3. Feet fitted with the gospel of peace _____ Ephes 2:14
4. Shield of faith _____ Psalms 28:7
5. Helmet of salvation _____ Matthew 1:21
6. Sword of the spirit _____ John 1:1, Isa. 11:4

God graciously allows us to wear His armor in battle. Our focus is to not be on the devil or this world, but to stay focused of God and seeking first His Kingdom!

Living out our Faith is Critical

Personal lives: Ephesians 4:1-5, 18 _____

In our homes: 5:21-33, 6:1-4 _____

In our churches: 5:19-21 _____

In our work places: 6:5-9 _____

The devil daily schemes to weaken our faith and to destroy our testimony. Just like the apostles, it was a choice to daily put on God's armor or not. It was never automatic. Putting on God's armor involves knowing, believing, and living God's Word out every day.

What are the dangers if we do not? _____

Are we an easy target for the devil? This is personal? _____

Why did you say yes or no? _____

No one piece is insignificant, and no piece can be ignored? If any piece of the armor is missing, a gaping hole remains—and were vulnerable to the enemy. Satan aims at vulnerable areas, and he systematically tries to weaken us.

The Belt of Truth- Ephes 6:14

When Paul wrote this letter, he was actually in prison. Perhaps, he was even shackled next to a Roman soldier when he wrote Ephes. 6. The goal right now is to apply the armor to our lives and to defeat the enemy schemes.

The belt of a Roman soldier was typically a wide leather belt designed to hold the soldier's tunic in place. The soldier tucked his outer garment under the belt so that the tunic wouldn't hinder his running or fighting. When his belt was tightened, he was ready for battle. On the other hand, a slackened belt meant that the soldier was literally off duty. Likewise, the Christian who is ready for battle must fix in place his commitment to know, believe, and live the truth.

Satan is a liar! Jn 8:44- One of his primary attack strategies is to feed us lies or to entice us to lie to others or ourselves. Talk about this: _____

Garden of Eden- example; Peter denied Jesus; Ananias and Sapphira, etc.

Jesus is truth! Jn. 14:6- He embodies truth, and we have truth when He dwells in us. He makes us Holy. Jn. 17:17

It is very important that we live out lives of integrity and honesty. Do what we say and say what were going to do. There little things matter. It all has weight.

Reflect on your own personal truth and integrity at this time: